

# Programme Soutien à l'autonomie des personnes âgées

## Service du Bénévolat

**The Montreal Chinese Hospital** has a mandate to provide, care and shelter the elderly of Chinese and/or Southeast descent, particularly those who have suffered a permanent disability or have partially or totally lost their functional autonomy. In partnership with community organizations as well as other institutions of the region, the Hospital offers safe and high quality services in an environment adapted to the values, customs and socio-cultural traditions of its residents.

Volunteering is exercised particularly in the following activities:

- Animate the living environment (knitting, singing, cooking etc.);
- Accompany users to a medical appointment outside of the facility;
- Assist users with meals;
- Visit users to their room and provide friendly support;
- Accompany users to participate in cultural and recreational activities (mahjong, Chinese chess, brush writing etc.);
- Accompany users for outings (shopping, fishing, picking apples etc.);
- Assist users in clarifying information and clinical vocabulary used during their treatment;
- Assist users to participate in multimedia communications;
- Assist the beneficiaries of the day center;
- Make wontons for users.

### For informations

Cindy He 514-871-0961 poste 254

Cindy.he.chin@ssss.gouv.qc.ca

*Centre intégré  
universitaire de santé  
et de services sociaux  
du Centre-Sud-  
de-l'Île-de-Montréal*

Québec 