

DRINKING WATER ADVISORY

General information

Drinking water can be contaminated in a number of ways, one of which is the presence of a chemical product. If this occurs, a person in charge of the drinking water system can issue a **water use advisory** or a **drinking water advisory**.

In the event of a drinking water advisory, do not drink tap water until the situation is back to normal and the advisory has been lifted.

Instructions to follow

Preparing food and beverages

Use bottled water to

- prepare beverages (juice, tea, coffee, etc.)
- prepare feeding bottles
- make ice cubes
- prepare foods that don't require prolonged cooking (canned soups, vinaigrettes, desserts, etc.)
- wash fruits or vegetables that aren't peeled (apples, tomatoes, beans, etc.); fruits and vegetables don't need to be washed if they are peeled before eating (oranges, bananas, avocados, etc.)

Feeding your baby

If you are breastfeeding your baby, continue to do so normally.

If you are not breastfeeding, use commercial ready-to-serve milk preparations for infants as often as possible.

Use bottled water to

- prepare commercial concentrated or powdered milk preparations
- wash and sterilize bottles and pacifiers before each use (you can also use ready-to-serve, individual portion, single-use containers)
- wash and sterilize all breast pump parts

Personal hygiene

Use bottled water to

- brush your teeth
- rinse your mouth

Use water directly from the tap to

- wash your hands with soap; dry your hands immediately after
- take a shower or bath, but don't swallow any water*

*It is best to wash infants and very young children with a washcloth to prevent them from swallowing water.

Washing dishes and clothes

Use water directly from the tap to

- wash dishes with dish soap; make sure dishes are completely dry before using them
- wash clothes with detergent.

Pets

Use bottled water to

- give to your pets

Usefull links

For drinking water:

- [MELCC - Drinking water](#)
- [Quebec.ca - Drinking water contamination or shortage](#)
- [Quebec.ca - Contaminants in Drinking Water](#)
- [Montreal.ca - Drinking water](#)
- [Montreal.ca - Contamination or shortage of drinking water](#)

For boil water advisory:

- [MELCC - Questions et réponses concernant les avis d'ébullition \(in French only\)](#)
- [Montreal.ca - Boil-water advisory](#)

For drinkning water advisory and water use advisory:

- [Montréal - Drinking water advisory](#)
- [Montréal - Water use advisory](#)