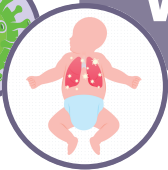


# Whooping Cough (pertussis)



Vaccination is the best way to protect your baby.

## WHAT is it?

It's a very contagious respiratory disease caused by a bacterium. It is often very serious in young babies.

It can cause:

- A severe cough that can last several weeks
- Breathing that stops temporarily
- A lung infection
- Brain damage or death (rare)

## WHY get vaccinated?

- The vaccine prevents 90% of hospitalizations and 95% of deaths in babies under 3 months old.
- When given during pregnancy, the vaccine protects the baby until their first vaccination at 2 months old.
- The vaccine reduces the severity of symptoms.

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## WHEN to get vaccinated?

For **children:**

- According to the regular schedule, at:

2 months ✓ 4 months ✓ 12 months ✓ 4-6 years ✓

- If the child is missing 1 or several doses of vaccine

For **adults:**

- During each pregnancy, at 26 weeks or after
- If you've never gotten the vaccine
- When a healthcare professional recommends it

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## HOW to get vaccinated?



To get vaccinated, book an appointment at **clicsanté.ca**. The vaccine is free. You don't need a health insurance card (RAMQ).

## To FIND OUT more



Talk about whooping cough with your healthcare professional or visit **ccsmtl.ca/coqueluche**.