

CHRONIC DISEASES PROGRAMS IN MONTRÉAL

Do you have a chronic disease?

Team up with your health professionals!

Programs are available in Montréal that can help people with chronic diseases such as diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD) learn to live well with their condition.

To participate, contact the **chronic diseases programs' team of your CIUSSS**.

- To find your CIUSSS by your postal code.
- If you are a doctor, [see this section](#).

List of chronic diseases programs in Montréal

Click on the program of interest to find out more.

CARDIOMETABOLIC HEALTH

Cardiometabolic health – prediabetes, diabetes, high blood pressure (HBP)

RESPIRATORY HEALTH

Chronic obstructive pulmonary disease (COPD)

MUSCULOSKELETAL AND BONE HEALTH

Fragility fracture and osteoporosis

CHRONIC PAIN

Low back pain